

President's Message

Christmas vacation was a blast *and* I spent it with extended family! I lounged in Key West for a week with sunny warm breezes & bright blue skies; feasting on jumbo shrimp; sipping little umbrellas drinks...even the diet cokes are festive in The Keys; shopping for t-shirts; staying up really late; & watching football with my brother & nephew! It was great...not a care in the world!



Returning to the confines of a hospital wasn't very appealing. Still on "island time", I cruised through the week half paying attention yet managing to get things done. I wasn't happy that colleagues e-mailed requests that threatened to fill my calendar through mid summer. I didn't like exposure to the germ jungle of the ER waiting room.

I examined my discontent. It's not my job....I love being a chaplain. It's not the hospital....I like being part of a community hospital. It's not my colleagues...I value my friendships.

Maybe it's fear...fear that once again, & probably sooner than later, I'll be consumed with compassion fatigue. I'll be on auto-pilot & fully immersed in work: seeing one more patient before I head home; saying yes to a project that has little to do with chaplaincy services; grudgingly completing required paperwork; or graciously smiling as I answer one more stupid question. I'm afraid I will get shuffled to the end of my "to do list" & I deserve better than that! After all, look at how much chaplains give to others every day.

Vacations remind us of who we are when we're most alive & I want to hold on to that feeling this year. I want to take better care of me & make me a priority. I want to celebrate the goodness of self & the Divine Energy running through me. I want to applaud myself for a job well done knowing I left some things undone today. I want to give myself the comfort & compassion I easily give others.

Jane Litzinger, our 2006 Chaplain of the Year, teaches the professional ethics of self care. We run, run, run all the time without replenishing our bodies, minds & spirits. It's impossible to care for patients, clients, residents, parishioners, inmates & others unless we care for ourselves! Self care must be as integral to our job as any other assigned duties!

I hope you will embrace this wisdom & take it to heart! Think of a supportive conversation you've had with someone who is stressed to the max!

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Welcome to Charlotte

Welcome North Carolina Chaplains to the Spring 2007 Conference and to Charlotte, NC. This is the first time, at least as far as I know, for the NCCA to be in Charlotte. The conference will be held at the Sheraton Charlotte Airport, directly off I-85 and Billy Graham Parkway. This newly renovated hotel has a very nice selection of amenities, such as indoor & outdoor pool, exercise room, whirlpool & sauna, data ports in guest rooms plus wireless internet in common areas, and Sheraton Sweet Sleeper Beds – I feel myself relaxing already. It is conveniently located so that you can easily travel to the many attractions Charlotte has to offer.



Charlotte Panthers
Photo courtesy of Visit
Charlotte

The U.S. National Whitewater Center is located only a few miles away for the more adventuresome in our group, rafting, kayaking, wall climbing and other outdoor activities are only a few minutes away. Oh, of course for the shoppers in our midst Charlotte has a few options here, South Park, North Lake, Concord Mills and Carolina Place Malls are in easy driving time from our location. And for the speed freaks Lowe's Motor Speedway is in nearby Concord right off I-85, take a tour or even for a few bucks take your own car for a few laps around the track!! If the arts are your thing the Mint Museum of the Arts, Blumenthal Performing Arts Center, Charlotte Symphony and Owens Auditorium are all near by, also The Celtic Women are performing Wednesday evening at Owens.

Ok, the nightlife scene is available downtown Charlotte and an icon of Country/Rock in Charlotte is Coyote Joes for those who like to stay out late. If any basketball fans are in our midst, the Charlotte Bobcats will be playing on the weekend following our conference if you care to stay in town. I hope you enjoy your time in Charlotte. I look forward to seeing you.

Chaplain Butch Branscome
Strswrsfan@aol.com

Our Conference Theme : Healing Ministries

Happy New Year! And a great year it will be for NC Chaplains. We were fortunate in the Fall to have our very own Peter Maffly-Kipp, BCC, LCSW, lead an excellent workshop on Ministry and Addiction. The comments received were positive and affirming..."well-organized", "his personal commitment and involvement in addiction comes through clearly", "helped me think out an important family relationship", and "a confirmation of the talent/expertise we have in our own organization."



*Charlotte Convention
Center
photo courtesy of Visit
Charlotte*

We are off and running in the new year and I am excited to share with you our plans for the Spring meeting. We have a plethora of opportunities awaiting your arrival in Charlotte. Our theme this year is "Healing Ministries" and our Keynote title is **Building a Palliative Care Program: (and what we learned along the way)**. Our highly motivated speakers are **Janice Wakefield**, M.Div., BCC and **Janet Forrest**, M.Div., BCC, both from High Point Regional Health System in High Point, NC. Janice Wakefield serves as staff chaplain and Janet Forrest is Oncology Support Counselor. We are blessed to have these two fine professional women share their experiences in building a palliative care program and

Healing Ministries con't

helping chaplains and pastoral care programs to be viewed as an integral part of the organization.

We will be offering three breakout sessions and three pre-conference choices for this year. Never have our opportunities been so great for NC chaplains.

Our breakout choices will be:

Healing Touch as an Extension of Pastoral Care – Jackie Allen, BCC, Associate Director of Pastoral Care and Counseling and a Certified Healing Touch Practitioner. Jackie serves at Alamance Regional Medical Center in Burlington, NC

Ministry with Labyrinth and Crystal Singing Bowls – Patricia Cadle, BCC. Patricia is the Oncology Chaplain at UNC-Hospitals in Chapel Hill, NC.

Contemplative Prayer – Heidi Gessner is the Bereavement Coordinator for UNC-Hospitals in Chapel Hill, NC.

Our pre-conference choices will be:

Ministering to Soldiers and Families in Time of War – Chaplain (LTC) Robert Ford. Robert serves as Director of Pastoral Care at Frye Regional Medical Center in Hickory, NC.

Professional Chaplaincy & APC (Association of Professional Chaplains) Membership – Joseph Alexander, BCC, MFT-A.

Joseph serves as Director of Pastoral Care Services at Northern Hospital of Surry County in Mt. Airy, NC and is the NC Education Chair for APC. **Charles Kirby**, BCC. Charles serves as Director of Pastoral Care for Margaret M. Pardee Memorial Hospital in Hendersonville, NC and is the NC Membership Chair for APC.

APC Certification Committee Training – Preston Smith, D. Min., BCC. Preston retired from Director of Pastoral Care at Nash General Hospital in Rocky Mount, NC and is APC Certification Chair for our region.

Joseph Alexander asked me to remind those of you that are APC Board Certified and need peer review this year to maintain certification, to contact him about arranging this at the Charlotte meeting. What better use of our time than to arrange these while we are all together.

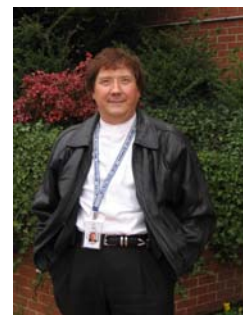
Also, Ron Wedekind asked me to share with you an educational opportunity in his area March 1, 15, and 29. It is titled "Mental Health Series for Clergy" and is in conjunction with AHEC and New Hanover Health Network. See our NCCA website www.ncchaplains.com or www.coastalahec.org for more information and a registration form. You may also register online at www.coastalahec.org/registration. If you have educational events in your area and would like to have them posted on our website email them to webmaster@ncchaplains.com.

Mark your calendars now for our Fall Education Day. We will be gathering October 4 at Caraway. More to come about that at the spring meeting in Charlotte

These are exciting times and the opportunities are great for you this year in the NC Chaplains' Association. Get registered quickly and list your choices for attending the conferences. I look forward to seeing all of you in Charlotte.



Patricia Cadle, BCC



Robert Ford, BCC



Heidi Gessner

Blessings,
 Debby Bradley, BCC
revdeb119@hotmail.com

President's Address con't

Have that conversation with yourself & follow your own excellent professional advice! Stop to take a few deep breaths during the day; listen to a favorite song on your i-pod; say no to a request; listen for Spirit's guidance; or ask someone to pray for you.

As Jimmy Buffett says, "I'd like to be sailing again", but for now I settle for an imaginary mini-vacation. In the midst of a demanding day I imagine basking in the warm sun with not a care in the world. Renewed & relaxed I head down the hall to see another patient! And I'm smiling....proud of myself for practicing the professional ethics of self care!

Bon Voyage!

Elizabeth Hyland, President
ehyland@ctc.net



Bank of America Stadium

NC Chaplains' Association Membership Comes in Different "Shapes and Sizes"

Membership in the NC Chaplains' Association is categorized into member, associate member, retired member, emeritus member and honorary member, according to the bylaws.

"*Membership* in the Association shall be open to all chaplains ordained, endorsed, commissioned, or recognized by a faith group and who are employed full or part-time in institutions, the military, or in industries within the State of North Carolina."

"*Associate Membership* in this Association shall be open to professional persons or students who do not meet the requirements for membership, but who indicate interest in the purposes of this Association Associate Members have all privileges of Membership except the right to vote or hold an elective office."

However, at retirement there is a different status for members: "*Retired membership* shall be open to any retired member who was in good standing upon retirement. Retired members shall be maintained at the current level of membership. They will be *exempted from payment of annual dues.*"

And, another category is identified in the bylaws: "*Emeritus membership* may be awarded to retired members who have significantly contributed to the Association. These individuals will be recommended by the Executive Committee and approved by the membership at annual meetings. Emeritus Members shall be maintained on the current mailing list and be *exempted from payment of annual dues.* They may attend meetings *registration-free.*"

"*Honorary membership* shall be given to individuals at the discretion of the Executive Committee upon approval by the membership at the annual meeting."

If **you** are a *retired* or *emeritus* member, please inform me by e-mail so that the membership roster can be maintained appropriately.

Marcia McQueen, Membership Chair
mcqueen@morehead.org



Carovinds

Welcome to New Members

We gladly welcome new members who have been approved for membership at the Executive Council meetings in October 2006 and in January 2007! New members are:

Adrian Dixon, staff chaplain, Duke Health Raleigh Hospital
Eric Guthrie, staff chaplain, Carolinas Medical System—Mercy Hospital
Jack Mumford, staff chaplain, Home Health/Hospice, Carteret County
Michelle Smith, staff chaplain, First Health Hospice and Palliative Care
Carl Synan, staff chaplain, Gaston Hospice
Marion Thullbery, CPE supervisor, John Umstead Hospital
Patricia Williams, staff chaplain, O'Berry Center

The following are new *associate members*:

Donald Burlock, other
David Carter, volunteer
Amanda Davee, chaplain resident, Wake Forest University Baptist Medical Center
Sandra Greene, resident, Wake Forest University Baptist Medical Center
Wanda Hunt, CPE and volunteer, First Health Moore Regional Hospital
Susan Kane, staff chaplain, Hospice and Palliative Care Center/Alamance
Cheryl McNair, volunteer and DMin student, Alamance Regional Medical Center
Harold Richardson, CPE student, Rex Hospital
Pat Thames, adjunct chaplain, Randolph Hospital
Jenny Wilkins, volunteer, Morehead Memorial Hospital
Paula Womack, CPE student, WakeMed, Raleigh campus

Marcia McQueen, Membership Chair
 mcqueen@morehead.org

New Procedure for Payment of Dues

With the action of the Association at the spring meeting of 2006, invoices for membership dues are now being mailed in January. Members are asked to submit their dues payment (along with any corrections) within 30 days to the membership chair. The second notice of payment due is being sent with this newsletter to those who have not paid by the time the labels were run for this mailing. So, please don't ignore the second notice thinking, "This is not for me."

Thank you who have so promptly responded by paying your dues.

Thank you who have informed me of colleagues or former colleagues who have changed address or location of service or who are no longer in chaplaincy or no longer in the state. Be watching for an updated membership directory on the website soon! If you see mistakes, please inform me so corrections can be made.

Marcia McQueen, Membership Chair
 mcqueen@morehead.org



*Mint Museum of Craft
Design*



Lowe's Motor Speedway

*Photo courtesy of Live
Charlotte*

A Day In the Life of A Chaplain/CPE Supervisor in a Long-Term Care

As I walk into Huntersville Oaks, the long-term care facility where my office is located, I am greeted by Mr. Banks who likes to sit in the lobby to watch the staff coming and going at shift change. I check my messages and gather materials needed for the morning seminars with my CPE chaplain interns. We begin our day with a brief prayer service in our chapel. This helps center us for our morning of learning and afternoon of pastoral care ministry. After our reading seminar we go to one of the resident “neighborhoods” to observe one of the interns conducting an oral verbatim. This is always an engaging event since we often find ourselves being taught by one of our “living human documents.”



Southpark Mall

After our seminars we have lunch in the cafeteria where we take some time to visit with Mr. Daily and his daughter who have lunch together every day. As I leave the cafeteria I see Mrs. Gaines, one of my favorite residents (yes, I do have favorites!). As usual, she greets me and says, “Let me give you your backrub.” Mrs. Gaines has a special ability for giving backrubs that she freely shares with appreciative nurses, chaplains and anyone else who will stop for a moment to receive her gift. Her hands are still strong and flexible even though her legs have lost their use. Oh, it feels so good! “Mrs. Gaines, I can get through the rest of the day now that I’ve had my backrub from you!” I say as I give her a hug.

After lunch some of the interns start their rounds at Huntersville Oaks while some travel to Sardis Oaks, the other long-term care facility I am responsible for. On this day, I go to Sardis Oaks to observe a support group led by one of the interns. The group begins by identifying some family members of residents who have died to whom support group members will send sympathy cards. This “card ministry” has become an important opportunity for residents to offer support and helps create a culture of interdependence in which residents, family members and staff both give and receive care from one another.



Discovery Place

After the group meeting I meet with the intern for individual supervision and we discuss ways of facilitating the group so that those persons who suffer from some dementia can be included while keeping the discussion lively for those who do not have dementia. This is a challenging task yet very important for the intern whose theology of pastoral care places high value on creating community.

After the meeting, I drive back to Huntersville thinking about the ethics committee meeting scheduled for the next day. Our palliative care physician has requested a consult to discuss a case of a young, brain injured resident whose family continues to insist on hospitalization for frequent infections. The physician feels the best interests of the resident are not being served yet wants some consultation to make sure he is adequately addressing the grief dynamics that may be driving the family’s decision. As chair of the ethics committee for our long-term care facilities, I have learned that these kinds of informal consultations are helpful and often serve to avoid impasses between family members and clinicians.

A Day In The Life Of.... con't

Back at my office I check my emails and it's time to head home. I realize it's been a good day. I am grateful for the energy the CPE students bring to their ministry of learning and pastoral care. I am grateful for the residents from whom I receive care as well as give care. I'm grateful it's the end of the day and it's my husband's turn to cook supper tonight! (I bet it will be Chinese carry out!)

Beth Jackson-Jordan
Beth.Jackson-Jordan@carolinas.org

Association for Professional Chaplains (APC)

As 2007 is in full swing, I want to make you aware of happenings at the APC level of leadership. (Most of the content here is summarized from the APC leader's link December 06.)



Charlotte Bobcats

NEW PRESIDENT

Our new APC president is Mary S Whetstone. Mary became a BCC in 1992 and is the site coordinator of pastoral care at Riverside Methodist Hospital in Columbus, OH. She served two years as the president elect to help prepare her for this new position. She names the biggest challenges of APC as collaboration with cognate groups, nurturing persons for leadership especially those with varied cultural and ethnic diversity, addressing the continuing education needs of the membership, maintaining financial stability through non-dues revenue, continuing to develop best practices, and advocacy for hiring Board Certified Chaplains. Mary sees her leadership style as one that first listens with the heart and acts out of what is best for the membership of APC.

APC ANNUAL CONFERENCE IN SAN FRANCISCO

Our annual conference will be held April 28-May 2. The title for this year's conference is *Discovering Sacred Horizons: Encounters that Enrich*. The goal of the conference is to provide opportunities for professional growth, skill enhancement, and greater definition of our profession in the collaboration with other disciplines. In addition the conference is designed to equip us as leaders in complex and diverse environments, help us find time to relax, renew, and reconnect with ourselves and others and stretch beyond familiar traditions through education, excursions, and encounters. I was pleased that this year's conference gives us opportunity to choose between four educational excursions to cultural and religious sites for CCE credit. Kinda like a field trip for credit.



Charlotte Night Skyline

CONTINUING EDUCATION

By the time you receive this Newsletter, your continuing Ed report will already be turned in right? Well if you have come to the end of the year and lack some of the ten CCEU's that you need to complete your 50 hours of continuing Ed, you have an opportunity to catch up by reading the Journal of Pastoral Care & Coun-

APC News con't

seling or Chaplaincy Today for credit. When you read those publications through, you can record the code without taking the quiz. (For more information see continuing Education updates on pg 14 in the November/December issue of the APC News. In addition, videos of the plenary speakers for the 2006 conference in Atlanta offer the needed CCE'S and are available from the APC Web site.



Concord Mills

Photo courtesy of Live Charlotte

STATE REPRESENTATIVES FROM THE APC

As a reminder, your state representatives are as follows:

State Representative
Barry Morris
Randolph Hospital
Asheboro, NC 27203
bmorris@randolphhospital.org

State Membership Chair
Charles Kirby
Margaret R. Pardee Memorial
Hospital
Hendersonville, NC 28791
cdkirby@hotmail.com

State Continuing Education Chair
Joseph Alexander
Northern Hospital of Surry County
Mount Airy, NC 27030
jalexander@nhsc.org

State Advocacy Chair
Wanda Burton-Crutchfield
UHS Pruitt Corporation
Durham, NC 27706
wcrutchfield@uhs-pruitt.com

If you have any questions, please feel free to contact us at the above email addresses.

Peace to you and yours,
Barry Morris
bmorris@randolphhospital.org

Chaplain Humor - Pastor's Business Card



Charlotte trolley

A new pastor was visiting in the homes of his parishioners. At one house it seemed obvious that someone was at home, but no answer came to his repeated knocks at the door.

Therefore, he took out a business card and wrote "Revelation 3:20" on the back of it and stuck it in the door.

When the offering was processed the following Sunday, he found that his card had been returned. Added to it was this cryptic message, "Genesis 3:10."

Reaching for his Bible to check out the citation, he broke up in gales of laughter. Revelation 3:20 begins "Behold, I stand at the door and knock." Genesis 3:10 reads, " I heard your voice in the garden and I was afraid for I was naked."

Agenda

WEDNESDAY MARCH 21st

Pre-conference Workshops 7:00 - 8:30 (Choose one)

Ministering to Soldiers and Families in Time of War – Chaplain (LTC) Robert Ford. Robert serves as Director of Pastoral Care at Frye Regional Medical Center in Hickory, NC.

Professional Chaplaincy & APC (Association of Professional Chaplains) Membership – Joseph Alexander, BCC, MFT-A. Joseph serves as Director of Pastoral Care Services at Northern Hospital of Surry County in Mt. Airy, NC and is the NC Education Chair for APC. **Charles Kirby**, BCC. Charles serves as Director of Pastoral Care for Margaret M. Pardee Memorial Hospital in Hendersonville, NC and is the NC Membership Chair for APC.

APC Certification Committee Training – Preston Smith, D.Min., BCC. Preston retired from Director of Pastoral Care at Nash General Hospital in Rocky Mount, NC and is APC Certification Chair for our region.

THURSDAY MARCH 22nd

8:00	Registration and Continental Breakfast
8:30 – 9:00	Greeting and introduction
9:00 – 10:30	Session One: Building a Palliative Care Program – Janice Wakefield , M. Div., BCC and Janet Forrest , M.Div., BCC, both from High Point Regional Health System in High Point, NC.
10:30 – 11:00	Break
11:00 – 12:00	Business Meeting
12:00 – 1:30	Lunch
1:30 – 3:00	Breakout Sessions (Choose one)

Healing Touch as an Extension of Pastoral Care – Jackie Allen, BCC, Associate Director of Pastoral Care and Counseling and a Certified Healing Touch Practitioner. Jackie serves at Alamance Regional Medical Center in Burlington, NC

Ministry with Labyrinth and Crystal Singing Bowls – Patricia Cadle, BCC. Patricia is the Oncology Chaplain at UNC-Hospitals in Chapel Hill, NC.

Contemplative Prayer – Heidi Gessner is the Bereavement Coordinator for UNC-Hospitals in Chapel Hill, NC.

3:00 – 7:00	Free Time (Feel free to visit the Labyrinth)
7:00 – until	Banquet

FRIDAY MARCH 23RD

8:00	Coffee (breakfast on your own)
8:30 – 9:00	Greeting and Worship
9:00 – 10:00	Business meeting
10:00 – 10:30	Break
10:30 – 12:00	Session Two: Building a Palliative Care Program - Janice Wakefield , M. Div., BCC and Janet Forrest , M.Div., BCC, both from High Point Regional Health System in High Point, NC.
12:00 – 12:15	Closing, Door Prize, Evaluations – Pick up CCE Certificates

North Carolina Chaplains Association

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WE'RE ON THE WEB
WWW.NCCHAPLAINS.COM

**Don't forget NCCA logo wear is available at the
conference**



North Carolina Chaplains Association

**Annual Meeting: March 21-23, 2007 at the Airport
Sheraton in Charlotte, NC**

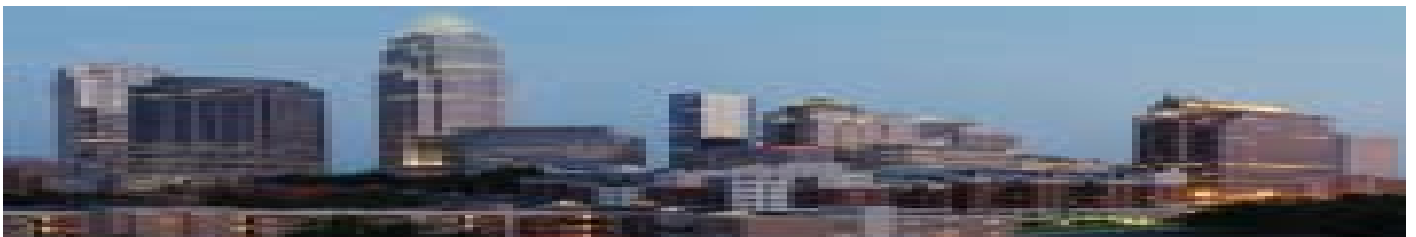


Photo courtesy of Live Charlotte